

**Do you enjoy socializing?  
Want to brighten someone's day?**

**You can, by being a  
VOLUNTEER VISITOR**

If you have strong interpersonal skills and a positive outlook on life, you're an ideal fit for this unique volunteer opportunity!



Volunteer Visitors are individually matched with a person dealing with the early stages of Alzheimer's Disease or a related dementia.

Caring volunteers offer friendship and companionship through weekly visits while enjoying a variety of activities that positively impact the lives of both the client *and* volunteer.

**Training and support are offered  
to ensure your success!**



To learn more, contact Andrea at  
**[volunteer@alzhh.ca](mailto:volunteer@alzhh.ca) or 905.529.7030 x 201**